



Pre-Ride Safety Briefing Card

1. Always drive with **headlights on** for increased visibility;
2. RCATV is a **dry club** and all of our events are drug and alcohol free;
3. In groups, each **rider is responsible for the rider behind them:**
 - **See & Acknowledge:** When making a turn or trail is unclear, wait, ensure they see and acknowledge you
 - **Check:** Periodically check behind you to ensure they are still there
 - **Pause:** If they are not there, pause on the side of the trail to see if they catch up.
 - **Turn Around:** If they don't catch up in a reasonable time, turn around and find them. Successive riders will notice they are no longer being followed, and do the same
 - **Don't Chase:** Do not chase the person in front to try to reach them.
4. **Don't drive beyond your skills**, if unsure ask more experienced riders for assistance
5. **Speeds on roadways** are 20km (posted 50km -), 50km (posted 60km +)
6. If an accident occurs:
 - **Minor Incident:** Not requiring emergency services, assist riders to safely return to the closest staging area
 - **Major Incident:**
 - **Call 9-1-1**, don't leave the rendez-vous site
 - Keep the person still and warm, **only** provide first aid as trained and able
 - Notify incoming riders, make way for EMS, send 2+ escort riders
 - **Do not Extract** – EMS bring the hospital to them